

# Get answers to your parenting challenges.



Sponsored by  
The Junior League of Jackson

Learn about issues facing our children and how to best handle them in this new series. Child development experts from the Children's of Mississippi Center for Advancement of Youth will share their knowledge and take your questions in a relaxed, conversational setting.

## Where:

The University of Mississippi Medical Center  
2500 North State Street | Jackson  
Norman C. Nelson Student Union  
Rooms A-D  
Free parking available in Lot D.

## When:

6:15 pm – Registration and Dinner  
6:45 – 7:30 pm – Program

## Topics:

**September 21, 2017**

### **Back to School:**

Optimizing success for the child's development and learning

**October 19, 2017**

### **State of Mind:**

The truth about anxiety, depression, and other mood disorders facing our children and youth

**November 16, 2017**

### **Parenting the Young Child:**

Everything you wish someone had told you!

**January 4, 2018**

### **Let's Get Real:**

All you need to know about ADHD

**February 22, 2018**

### **Healthy Habits:**

Empowering and reinforcing healthy habits and choices

**March 22, 2018**

### **Parenting the Teenager:**

The good, the bad, the ugly

**April 12, 2018**

### **Autism (ASD):**

The Who, What, When, Where, How, and Whys of Autism Spectrum Disorder

**This free education series is open to the community.**

**Dinner will be provided (first-come, first-served), and childcare is available for ages 3 to 10.**

For more information on Food for Thought or to learn more about the Center for Advancement of Youth, visit [umc.edu/answers](http://umc.edu/answers) or contact Sara Hart Fellows at [sfellows@umc.edu](mailto:sfellows@umc.edu) or **601.209.5504**.



**Center for  
Advancement  
of Youth**